## The Hands of the Family Traditional Hand-fasting Blessing

Author unknown

May these hands be blessed this day.

May they always hold each other.

May they have the strength to hang on

During the storms of stress

And the dark of difficulty.

May they remain tender and gentle,

As they nurture each other

In their wondrous love.

May they build a relationship,

Founded in love, and rich in caring.

May these hands be healer, protector,

Shelter, and guide for each other.